

Members have access to discounts on most FDA-approved prescription drugs. On average, members will save 20% off brand name drugs and 55% off generic drugs.

Members simply present the discount card to the pharmacist at one of the nearly 53,000 participating pharmacies. The pharmacist will enter the member information (as provided on the card) into the system and the discount will be automatically calculated and applied to the transaction. This plan applies to the member's entire family.

Members who are seeking additional savings along with the convenience of home delivery, the prescription mail-order service is just right!

Accepted in over 53,000 pharmacies nationwide including:

Albertsons	Costco	CVS
Kmart	Kroger	Publix
Rite Aid	Safeway	Target
Wal-Mart	Walgreens	Winn Dixie

Discounts are available at participating pharmacies only.



**American Whole Health**

Unlimited visits and no limits on access to care

- Save 10% to 30% on:
  - Chiropractors
  - Exercise Specialists
  - Dieticians
  - Holistic Health Practitioners
  - Herbal Consultants
  - Acupuncturists
  - Massage Therapy and Body Work
  
- Save 10% to 30% on these popular programs:
  - Yoga
  - Meditation
  - Relaxation Therapy
  - Reflexology
  - Nutrition
  - T'ai Chi/Chi Kung
  
- All provider credentials are carefully verified and required to pass a credentialing application procedure in which a thorough ethical and professional background check is completed
- Toll-free number to locate network providers nearest you
- Save 25% on Vitamins and Nutritional Supplements
- Full line of quality Vitamins, Minerals, Herbs and Supplements



**24 Hour Nurse's Help Line**

Enjoy the additional peace of mind you will receive from having immediate access to care advice any time of the day or night through our 24 Hour NurseLine. With this service you will have the opportunity to speak with a highly trained professional nurse to give guidance and support when making self-care decisions about such health topics as:

- Emergent Care Situations
- Common Illnesses
- Pediatric & Adult Health Concerns
- Senior Health Issues
- Women's Health
- Behavioral & Mental Health
- Accidents & Injuries
- Breastfeeding, Childbirth & Newborn
- Nutrition & Fitness
- Medication Information
  
- Access to an audio library on over 1,100 health topics in English and Spanish
  
- Timely services make a difference when addressing you and your family's important healthcare needs and concerns. Some of the services we offer include clinical assessment, nurse triage advice, provider referrals, disease management, and lifestyle intervention programs.



**CAREINGTON**  
International Corporation  
7400 Gaylord Parkway  
Frisco, Texas 75034



**45 Day  
Satisfaction  
Guarantee**



**Diabetes Management with Better Living Now**

- Save 20% to 30% on durable medical equipment and 20% to 40% on disposable medical supplies
- Save 20% to 25% on nutritional supplements and daily living aids



**Disclosures:**

1. **THIS PLAN IS NOT INSURANCE.**
2. The plan provides discounts at certain healthcare providers for medical services.
3. The plan does not make payments directly to the providers of medical services
4. Plan members are obligated to pay for all health care services but will receive a discount from those health care providers who have contracted with the discount medical plan organization.
5. Discount Medical Plan Organization and administrator: **CAREINGTON International Corporation**, 7400 Gaylord Parkway, Frisco, TX 75034; phone 800-441-0380

Note to Utah residents: This contract is not protected by the Utah Life and Health Guaranty Association. The program and its administrators have no liability for providing or guaranteeing service by providers or the quality of service rendered by providers. \*This program is not available in Vermont and Montana.



We are pleased to provide a hearing care discount plan that makes hearing-aid services accessible, as well as affordable. Your hearing care plan is provided by the manufacturers of the nation's largest provider of top-quality hearing instruments, HearPO. As a member, you have access to discounts on hearing care services and products at over 1,600 locations throughout the nation. Your discounts on hearing services and products include audiology exams, hearing aids and more.

As a member, you enjoy the following:

- 30% discount on hearing evaluations and exams
- 5% - 60% discount on all hearing aids\*
- Over 200 models of hearing aids available, including the newest programmable and digital technology
- Follow-up services at no charge for one year
- Access to over 1,600 locations nationwide

\* Hearing aid discounts may vary by manufacturer, model and style

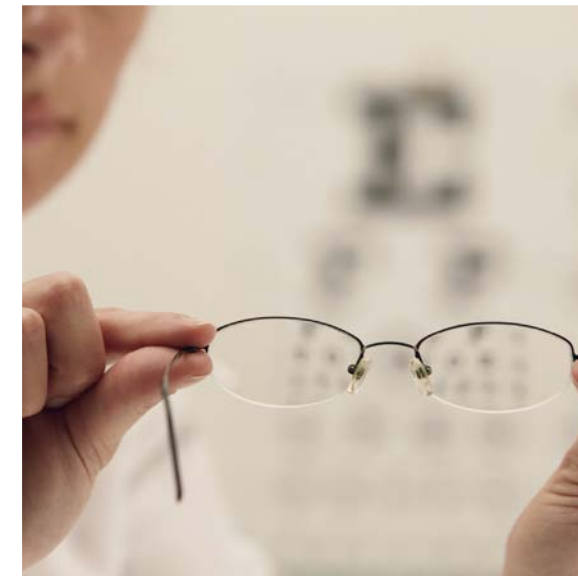
**CAREINGTON International Corporation  
The Dental Network that  
Places Your Care First**

- Average annual savings of \$1,200 per family on dental work
- Over 54,000 participating providers nationwide
- Save 20% to 50% on most dental procedures including oral exams, cleanings and dentures, root canals, and crowns
- Orthodontics included for children and adults
- Cosmetic dentistry such as bonding and veneers also included
- All specialties included - Endodontics, Oral Surgery, Orthodontics, Pedodontics, Periodontics and Prosthodontics - a 20% reduction on normal fees where available
- 45-day risk-free trial period
- All dentists must meet highly selective credentialing standards based on education, background, license standing and other requirements
- Members may visit any participating dentist on the plan and change providers at any time
- Use as often as needed



**Value Added Vision Services with EYEMED Vision Care Discount Program**

- Save 15% to 45% on glasses.
- \$5 off comprehensive exams and \$10 off contact lens exams
- 15% off conventional contact lenses
- 15% off the retail price or 5% off the promotional price of LASIK or PRK surgery, whichever is the greater discount
- Use as often as needed
- Access over 40,000 providers nationwide including private practitioners and leading optical retailers: LensCrafters®, Target Optical® and most Sears Optical® and Pearle Vision® locations
- Credentialing requirements established for all doctors-including an independent Peer Review Panel for quality assurance
- Toll-free number and online access to locate providers nearest you



**Amerisight** helps you significantly reduce the cost of laser vision correction which makes it more affordable and attainable.



Amerisight offers -

- **Access to Experienced Physicians Nationwide** - Board Certified ophthalmologists using state of the art, FDA approved LASIK vision correction technologies
- **Convenience** - Amerisight Care Managers provide a thorough pre-screening process along with education about LASIK technologies and procedures
- **Elimination/Reduction of Glasses and/or Contacts** - Saving you thousands of dollars over several years
- **Financing** - Interest free financing for four months is available for qualified candidates